

# WETA NEWSLETTER

Wisconsin Employment & Training Association, Inc.

<http://www.wetainc.org>

Volume 4, February 2018



## Save the date!

2018 Annual Conference

October 17-19

Lake Lawn Resort

Delavan, WI.

Reimagine.

Retool.

Renew.

## Work Stress

Stress can be overwhelming in any environment, but when it comes with your employment, you will need to find ways to reduce stress in the workplace. Employers get better quality work out of you when you are happy and healthy.

Here are some tips to stay healthy at work:

- ⇒ Lead by example. Keeping your emotions in check and not allowing negativity to slip onto others is key.
- ⇒ Communication is critical in the workplace. Keep your tone and statements professional at all times.
- ⇒ Give yourself a well deserved 15-minute break away from your desk. This will reduce burnout and can reenergize you.
- ⇒ Smile and laugh often. You will be surprised what a good, hearty laugh can do to your overall demeanor for the day.



**Remember  
to  
smile  
today!**

Share an article or  
cartoon with us @

[WETAcct@gmail.com](mailto:WETAcct@gmail.com)

## Get Federal Funding for Your Organization to Help Expand FoodShare Employment and Training Program Services

Did you know that federal funding may be available to your organization to help expand and enhance employment and training opportunities for individuals receiving FoodShare benefits? The Wisconsin Department of Health Services (DHS) is looking for partners to expand employment and training services for the FoodShare Employment and Training (FSET) program. Approved partners are able to use local funding to tap into funding matched by the federal Food and Nutrition Service (FNS). Federal match allows partners to expand resources and serve more individuals receiving FoodShare benefits.

### What types of local funding can be matched with federal dollars?

Local funding that can be matched includes city or county tax levies, donations from foundations or private entities, and community development block grants that are currently not being matched with any other federal funding source.

Examples of services provided by current partners include:

Short-term vocational training for certified nursing assistant certification, forklift operation, Occupational Safety and Health Administration certification, computer numerical control, culinary arts, and more. Adult education classes, such as English as a second language, general education diploma, high school equivalency diploma, and vocational literacy for obtaining employment.

Job placement and job development services, including resume development, interview, and job readiness workshops.

Job retention services to help resolve job-related issues and reimburse job-related expenses during the first 90 days of employment.

Tapping into the potential of matching local dollars with federal funding allows your organization and DHS to support more low-income individuals on their paths to self-sufficiency.

To learn more about the FSET program, visit [www.dhs.wisconsin.gov/foodshare/fset.htm](http://www.dhs.wisconsin.gov/foodshare/fset.htm). Please contact Margaret Rosenthal at [margaret.rosenthal@dhs.wisconsin.gov](mailto:margaret.rosenthal@dhs.wisconsin.gov) if your organization is interested in becoming a partner for the FSET program.